

# The Bounce Triplet - Tap 3's Rudiment

The Bounce triplet is a great rudiment with lots of alter egos.. also known as the Pug-a-du or tap 3's it can be used and abused to create some great grooves and fills. The rudiment itself is a glorified triplet.. 3 simple beats incorporate a double to give it its unique sound. The exercises below show you 3 basic variations. The Accent can be moved to any notes in the bar but the easiest and most common is on the single stroke.

Right hand bounce triplets

r l l r l l r l l r l l

Adding common accent

r l l r l l r l l r l l

Left handed with common accent

l r r l r r l r r l r r

Once you have mastered the basic rudiment its time to find some uses for it. Because its a grouping of three notes it works well in triplet based grooves and fills.

Any 12th/triplet Note Groove

r l l r l l r l l r l l

Try it out with some shuffle grooves to increase the speed and add some bass and crashes for more impact

r l l r l l r l l r l l

Combine with toms for more "colour"

r l l r l l r l l r l l

An easy method to create new fill ideas is to move each group of notes to the right (the last group jump back to the start.) here is a simple example below.



r l l r l l r l l r l l    r l l r l l r l l r l l    r l l r l l r l l r l l    r l l r l l r l l r l l

To play the left handed version while still using a right hand lead simply move the accent to the 3rd partial (reverse). Then mix and match your versions.

r l r r l r r l r r l    r l l r l l r l r r l    r l r r l r r l r l l    r l l r r l r r l r l

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This is a fun exercise I recommend to practice using forward and reverse bounce triplets. The exercise is a "grid" like one where you play 4 of each sticking pattern then 2 of each then finish with one of each.

r l l r l l r l l r l l r r l r r l r r l  
 r l l r l l r r l r r l r l l r l l r r l r r l  
 r l l r r l r l l r r l r l l r r l r l l r r l

When practicing hand exercises its also good to add feet workouts.  
Below are a few foot patterns you may wish to add.